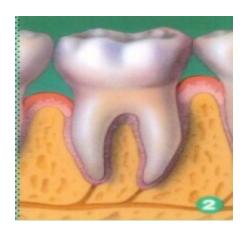


Periodontal Disease: What it is and What to Do About It.

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Periodontal disease is a severe form of gum disease. People who have periodontal disease are more likely to lose their teeth and have other health problems. In fact, there are links between periodontal disease and diabetes, alzheimers, cardiovascular disease and many more. That's why it is important to get the disease under control and continue living a healthy life.



Healthy tooth with healthy gums and bone. This tooth will continue to serve the patient for many years to come.



Tooth with periodontal disease shows severe bone loss and inflamed gums. This tooth is probably loose, painful and will fall out soon.

How to treat periodontal disease:

- 1. People with periodontal disease need to be more careful with their home care. Brushing and flossing daily is a must to prevent pockets from forming around teeth.
- 2. If there is uncontrolled periodontal disease, deep cleanings are necessary to remove all the bacteria and diseased tissue that is causing the bone loss and infection. This is usually done with deep cleanings. If deep cleanings do not take care of the problem, periodontal surgery may be necessary.
- 3. Once the gum disease is under control, it's important to come in for professional cleanings two to four times per year. This way things are kept under control and the disease is not given a chance to progress.

Frequently Asked Questions:

What is a deep cleaning?

A deep cleaning is similar to a regular cleaning except it is done in sections and it is usually done with anaesthesia so that it is comfortable. During this cleaning, all the calculus, bacteria and infected tissue is removed so that the body can heal itself and bring the teeth and gums back to health.

Does it hurt?

In most cases deep cleanings are done with anaesthesia unless the patient requests not to have it. This means that you shouldn't feel a thing.

Is it Expensive?

The fees for deep cleaning or periodontal surgery reflect how long it takes to do a thorough job. While it is more expensive than a regular cleaning, it also takes longer and involves more instruments. Most patients find it completely affordable and the majority of dental insurances cover it.

Does it take a long time to heal?

No. Usually, your gums will be sore for a few days and then you fill find that you feel much better. If your teeth are slightly sensitive, we can apply a professional desensitizer that will take care of the problem.

How often does it have to be done?

If you begin to take good care of your teeth at home, it may be possible to maintain oral health with just regular cleanings. If Periodontal disease returns, then a deep cleaning may have to be re-done.

What if I have more questions?

Call our office at 215-698-2710. We are glad to answer any questions or see you for a dental implant consultation. This page and more information can be found at www.PhilaDentist.com